

## COMMISSION ON AGING MINUTES, APPROVED, May 20, 2014 MEETING

Draft unapproved: March 18, 2014, approved May 20, 2014

To: All Commission on Aging Members

Re: March 18, 2014 Meeting

Members Present: Frank Contento, Sr., Claudia Giulietti, Katherine Lofquist, Joseph P. Villano, Joseph Pacileo, Alan Fontana, Rodger Salman

Members Absent: Anthony Pacileo, Donna Levine

Staff Present: Judith Amarone, Director, North Haven Senior Center

- Maggie Maiden, Recording secretary

The meeting was called to order at 6:08 p.m. on Tuesday, March 18, 2014 on a motion by Rodger Salman and a second by Frank Contento. The minutes of our last meeting on March 18, 2014 were approved on a motion by Frank Contento with a second by Kay Lofquist.

### Directors Report

Commission on Aging, March 18, 2014

- Annual Valentine party was held on February 20. Sixty five seniors gathered together for an afternoon of entertainment brought to all by Rich DePalma, a full luncheon catered by Zandri's and six couples had their vows renewed by Lynn Fredrickson. It was a wonderful event and not a dry eye in the house was had when the seniors renewed their vows. The ladies were each given a bouquet of flowers and the men received candy. Of the couples and married the longest was Angelo and Anne Raccio, sixty four years of bliss. Combined years of all six couples equated to 249 years as husband and wife.
- The Center will hold their annual winter program with the Red Hatters. This year the group voted to have Fried Dough Pizza for lunch and all in attendance will play a favorite card game day ;Left, Center, Right Party on March 7. While this event is titled Red Hatters all members are welcome to join in on the fun.
- A trip to the New Haven Museum will be held on March 13 to view the exhibit "Beyond the new Township" which features Wooster Square with more than two hundred artifacts, manuscripts, architectural drawings, maps, planning documents, photographs, and personal effects. The exhibition will allow seniors to explore the Wooster Square neighborhood's architectural, historical, and cultural significance as seen through events and individuals that contributed to its development. The rise and fall of industrial New Haven as well as the story of immigration can be seen in Wooster Square, the City's manufacturing hub during the 19th and early 20th centuries, but today known for its Cherry Blossom Festival and Wooster Street restaurants. Efforts to save the neighborhood from redevelopment, including its fabled square and significant architecture, rallied the city's preservationists, leading to its designation as the City's first local

historic district in 1970. In addition to the museum seniors will enjoy lunch at the famous Pepe's Pizza.

- St. Patrick's Day Breakfast and St. Joseph's Day Celebration will be held on Wednesday, March 19. In the past the celebrated events were on done individually but due to the Centers schedule the events Today we will blend our Irish and Italian friends and celebrate with a tasty breakfast; Irish French toast, sausage coddle, Irish soda bread and then we will top it off with our zeppoles from Rocco's bakery.
- Last Will & Embezzlement an informational documentary will be shown on March 18 to members of the Center and open to the community. This film highlights financial exploitation of the elderly with first-hand accounts from real-life victims, including Hollywood icon Mr. Mickey Rooney, as well as in-depth interviews with experts who discuss such key issues as victim profiles, the perpetrators' "modus operandi", the symptoms and effects of these crimes, as well as potential solutions to this ever-increasing worldwide problem.
- Early Dinner and Movie will be held on Thursday, March 20 at 3:30 p.m. This is the second month that this program will be held and was requested to hold it's monthly due to its popularity among the seniors. This month's feature is "The Heat" Menu will be chili and corn bread or meatball subs – dinner will be served during the movie and transportation is available for those who do not travel in the evening.
- Breakfast and Shopping is scheduled for March 24, 8:45 a.m. –The seniors will be travel to IHop in Hamden. From there seniors will have transportation to the local stores i.e. WalMart, Kohls, Joanne Fabrics, Bon Tons.
- Puzzlemania Tournament and luncheon will be held March 25. This is the second annual puzzle tournament.
- Master Your Medications Wednesday, March 26 10:30 sponsored by the VNA Community Healthcare. Seniors will learn safe and effective ways to manage their medications and who to go to for answers.

Old Business:

Senior Housing was discussed and the question of whether the vote will pass for the Green House Project. Everyone was happy that First Selectman, Michael Freda, is open to proposals for Senior Living.

The question came up about the Project being passed versus a proposal for an Assisted Living Facility and the consensus was 10 bedrooms and a common area could be a harder sell to the community.

New Business:

Judy Amarone, Director, North Haven Senior Center, informed the Commission that Parkside and Temple Pines are still accepting applications for Housing. Judy also suggested to the Commission Members that they should attend the Community Services Commission Meeting to be a liaison for services offered to seniors and Homeowners in Town.

Judy asked the Members if they would be willing to be involved in reaching out to seniors who are homebound in the Community; making phone calls to check in on how their day is going; and the possibility of giving rides to medical appointments. She explained that there is always a need for volunteering in the Community.

Frank Contento asked Claudia Giulietti what are the Duties and Responsibilities of the Commission Members. Frank is the Commission Secretary and will be responsible for overseeing the minutes typed by the Recording Secretary, if he thinks something is incorrect then he will bring it up at the next meeting when the minutes are discussed for approval. There was also discussion of how in the past, a Commission Member would type the minutes and forward to the necessary Sites for posting. Four years ago the Town Government found the minutes were not being recorded correctly and now the minutes are posted at the Town Website; Town Clerk; Library and The State of Connecticut.

On Saturday, May 10, 2014, the Children's Librarian, Pat LaTerza, will hold the event kickoff for the Town wide Program called "One Book, One Read". The hours are from 11:00 a.m. – 2:00 p.m. Judy is looking for senior volunteers to help with a craft project that day; Frank said he and his wife, Betty, will volunteer. There will be a sticker on the craft saying "seniors connecting to the Community"; Judy feels this is a way for the seniors to show they have Community spirit! There are many activities planned for that day throughout the Town which will be posted on the Town Website, [www.town.north-haven.ct.us](http://www.town.north-haven.ct.us) and also in the North Haven Senior Centers April and May Newsletter.

Public Comment: None

Having no further business the meeting was adjourned at 7:30 p.m. on a motion by Rodger Salman and a second by Joseph Villano. The next meeting is scheduled for Tuesday, May 20, 2014 at 6:00 p.m. at Antonio's Pizza Restaurant, 1899 Hartford Turnpike, North Haven, CT. If you are unable to attend the next meeting please contact the Senior Center at 203-239-5432.

