

# North Haven

## Substance Abuse Action Council

**Mission:** North Haven's Substance Abuse Action Council's ("SAAC") mission is to lead the community in the development of a strategic approach focused on awareness, education and communication thereby reducing the incidence and prevalence of substance abuse and related problems in our town.

**Overview:** The North Haven Substance Abuse Action Council (SAAC) has been in existence since 2001 and takes a lead role in addressing youth substance abuse. The council has strong involvement from community leaders and draws members from various key community sectors. SAAC members demonstrate a tremendous commitment to eradicating substance abuse in our community using a combination of their expertise and resources.

The SAAC has several standing committees including the steering committee, youth leadership, community involvement and recruiting, business outreach, as well as communications and marketing. In addition to the coalition's executive leadership, the SAAC draws from a dynamic group of volunteer coalition members with years of experience in business, law enforcement, nutrition, media relations, health and other fields germane to alcohol, tobacco and other drugs (ATOD). Each of these members is active in planning strategies, events, educational opportunities, and outreach programming.

Over its tenure, the SAAC has evolved as an organization, creating the formal structure, including leadership roles and committee members that exist today. The SAAC is currently lead by the Town of North Haven's First Selectman, Michael J. Freda, who serves as the Executive Director. As the Executive Director, Mr. Freda's responsibilities include guiding the council, overseeing special projects, coalition building, community representation, and strategic planning. The Director, Nancy Leddy, who also serves as the Town of North Haven's Youth Services Administrator, has been with the SAAC since its inception. The Director's responsibilities include preparing the agenda, facilitating meetings, dissemination of information, and coordinating projects.

In synergy with the North Haven SAAC, the Department of Community Services and Recreation has sponsored a myriad of activities such as Mothers against Drunk Driving (MADD) Sticker Shock, the Red Ribbon Campaign, and youth leadership conferences. The SAAC remains committed to providing information to parents and community members with an emphasis on education and awareness. They regularly hold forums on substance abuse open to the entire community. Through parent education workshops, student presentations, and substance abuse curriculum, the SAAC continues to stay focused on their mission.

***North Haven Substance Abuse Action Council Facebook Page***

<https://www.facebook.com/pages/North-Haven-Substance-Abuse-Action-Council/139096219440022?ref=hl>

# *"Drugs disguised as bath salts send users to ERs"*

[http://today.msnbc.msn.com/id/40797021/ns/today-today\\_health/t/drugs-disguised-bath-salts-send-users-ers/](http://today.msnbc.msn.com/id/40797021/ns/today-today_health/t/drugs-disguised-bath-salts-send-users-ers/)

## **Video on TODAY**

<http://today.msnbc.msn.com/id/26184891/vp/41366667>

## **Videos on NHTV**

<http://69.177.104.220/itsupport/videos/20140813SubstanceAbuseEarlyWarningSigns.wmv>

<http://69.177.104.220/itsupport/videos/20141120SubstanceAbuseTreatmentOptions.wmv>

## **Town Resources:**

Nancy Leddy, Director of the Town of North Haven Substance Abuse Action Council  
North Haven Community Services  
203-239-5321 ext. 505  
[Leddy.Nancy@northhaven-ct.gov](mailto:Leddy.Nancy@northhaven-ct.gov)

North Haven Community Services Counseling Center  
Maggie Goodwin, LCSW  
Program Manager, Clinical Services  
North Haven Counseling Center/BH Care  
203-239-5321 ext. 501  
[Goodwin.Maggie@northhaven-ct.gov](mailto:Goodwin.Maggie@northhaven-ct.gov)

## **Resources:**

My Bottom Line  
Mary Marcuccio, Founder  
[www.mybottomline.info](http://www.mybottomline.info)

Apt Foundation  
352 State Street  
North Haven, CT 06473

<http://aptfoundation.org/>

American Addiction Centers  
Kelly Moore, Treatment Consultant  
<http://americanaddictioncenters.org/>

The Dry Dock  
68 Quinnipiac Street  
Wallingford, CT 06492  
[www.thedrydock.org](http://www.thedrydock.org)

MADD  
317 Foxon Road  
East Haven, CT 06513  
[www.madd.org](http://www.madd.org)

Nar-Anon  
<http://www.naranonctma.org/>

SCCSAC  
5 Brookside Drive  
Wallingford, CT 06492  
203-303-3391  
[sccsac.org](http://sccsac.org)

**Information:**

The Partnership for a Drug Free America  
[www.drugfree.org](http://www.drugfree.org)

Al-Anon/Alateen  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
[www.ct-al-anon.org](http://www.ct-al-anon.org)

FCD Educational Services  
[www.fcd.org](http://www.fcd.org)

National Institute on Drug Abuse (“NIDA”)  
[www.drugabuse.gov](http://www.drugabuse.gov)

*Note: The resources listed above are provided for informational purposes only, and in no way represents an endorsement or recommendation by the Town of North Haven.*